

Urban Agriculture

The Urban Garden: How One Community Turned Idle Land into a Garden City and How You Can, Too
by Jeremy N. Smith

Fifteen people—plus a class of first graders—tell how local food, farms, and gardens changed their lives and their community . . . and how they can change yours, too. *Urban Farming Handbook* includes:

- Fifteen first-person stories of personal and civic transformation from a range of individuals, including farmers and community garden members, a low-income senior and a troubled teen, a foodie, a food bank officer, and many more
- Seven in-depth “How It Works” sections on student farms, community gardens, community-supported agriculture (CSA), community education, farm work therapy, community outreach, and more
- Detailed information on dozens of additional resources from relevant books and websites to government programs and national nonprofit organizations

Urban Gardening: Everything You Need to become a Self Sufficient Urban Gardener and Flourish your own City Apartment Vegetable Garden by Peter Greenfield

Our ability to think outside the box has allowed us to effectively transform and reshape the interior of the urban boxes we live in. Who needs a big farm when you can convert your apartment into a garden capable of making enough quality produce to last you a whole year? With the right guidance and the proper tools, you can become one who grows their own food and pride themselves on barely ever needing to visit the vegetable section of the grocery store. Even in the confines of a city apartment, you now have the possibility to effectively manage your space and grow all kinds of tasty and flavorful crops. This is indeed your chance to regain control of the quality of the produce you eat--you are the one managing what goes on your plants and inside your soil.

Field Guide to Urban Gardening: How to Grow Plants, No Matter Where You Live: Raised Beds • Vertical Gardening • Indoor Edibles • Balconies and Rooftops • Hydroponics by Kevin Espiritu

If you think it's impossible to grow your own food because you don't have a large yard or you live in the city...think again. There is a plethora of urban gardening options to create beautiful, productive edible gardens no matter where you live. The key to succeeding as an urban gardener is to choose the method(s) that make sense for your unique living situation and then give your plants what they need to thrive. Kevin helps you do just that.

But Espiritu doesn't stop there. He also provides in-depth garden plans, from upcycled DIY projects and intensive hydroponic systems to beautiful and functional raised beds. Urban gardening is a real, growing, and important movement in today's world. This fact-packed book is your roadmap to get growing today.

Farm City: The Education of an Urban Farmer by Novella Carpenter

When Novella Carpenter—captivated by the idea of backyard self-sufficiency as the daughter of two back-to-the-earth hippies—moves to a ramshackle house in inner-city Oakland and discovers a weed-choked, garbage-strewn abandoned lot next door, she closes her eyes and pictures heirloom tomatoes,

a beehive, and a chicken coop. What starts out as a few egg-laying chickens leads to turkeys, geese, and ducks. And not long after, along came two 300-pound pigs. And no, these charming and eccentric animals aren't pets. Novella is raising these animals for dinner. An unforgettably charming memoir, full of hilarious moments, fascinating farmer's tips, and a great deal of heart, *Farm City* offers a beautiful mediation on what we give up to live the way we do today.

Urban Farms by Sarah C. Rich

Urban Farms provides in-depth profiles of 16 innovative farms located in major metropolitan areas across the country, each operated by passionate individuals and communities committed to growing their own fruits and vegetables and raising animals. Included in these pages are some of the leaders in the movement, from Novella Carpenter's farm in an empty lot in Oakland to Growing Power's vast compound in Milwaukee. In addition to stories about the farms and their owners, sidebars provide basic how-to tips for such activities as composting, canning, beekeeping, and growing vegetables. A burgeoning movement that is fast catching on, urban farming taps into many touchstones of the zeitgeist, including environmental awareness, the foodie culture, localism, distrust of mass-production farming practices, and the DIY approach to life and living.

Beyond the Kale: Urban Agriculture and Social Justice Activism in New York City by Nevin Cohen, Kristin Reynolds

Urban agriculture is increasingly considered an important part of creating just and sustainable cities. Yet the benefits that many people attribute to urban agriculture--fresh food, green space, educational opportunities--can mask structural inequities, thereby making political transformation harder to achieve. Through in-depth interviews and public forums with some of New York City's most prominent urban agriculture activists and supporters, Kristin Reynolds and Nevin Cohen illustrate how some urban farmers and gardeners not only grow healthy food for their communities but also use their activities and spaces to disrupt the dynamics of power and privilege that perpetuate inequity.

Edible Landscaping: Foodscaping and Permaculture for Urban Gardeners by Rosefiend Cordell

With lots of good information, *Edible Landscaping: Foodscaping and Permaculture for Urban Gardeners* is a how-to gardening manual written by a hard-boiled former horticulturist who hates weeding with the heat of a million suns. Rosefiend Cordell takes the budding gardener on a step-by-step process to transform their sad yard into a merry garden full of ornamental flowers linking arms with tomatoes, herbs, and edible flowers, as well as good fruit and nut trees.

This gardening book features practical gardening methods that help you create a design to build the outdoor living space you want.